



Patalla pele



DEVELOPMENT PROJECT
In association with



UNICEF PROJECT



Sport for Development (coaching & technical Training, Youth Leadership Development & Empowerment of the Girl Child.

EXECUTIVE SUMMARY

Physical activity is vital to the holistic development of young people, fostering their physical, social and emotional health. The benefits of sport reach beyond the impact on physical well-being and the value of the educational benefits of sport should not be underestimated.

UNICEF in support of Department of Basic Education collaboration with South African Schools Netball (SASN) to support the implementation of an integrated Schools Netball and leadership program. The partnership has been developed to include the following program areas:

Secondary schools- life skills, youth Leadership and Sport Development
Developing girls to support the sport program focused on empowering learners through leadership development, life skills sport organizing skills and sport development to become youth leaders and assist in delivering school sport resulting in improved school attendance, healthy lifestyle and involvement in school sport and beyond.

The program is designed to deliver Netball, intra and inter school sport, and create a solid foundation for using sport as a tool for development. This can be represented by the following outputs:

Create awareness and understanding of the importance of port in school
Capacitate young girls to be equipped to assist in delivering sport in their schools and communities..
Empower learners to become youth leaders.
Capacitate educators as facilitators in the Netball Development program
Capacitate learners to facilitate peer led program activities which includes school safety, gender equity and reproductive health activities.
Capacitate learners to organize weekly competitions and tournaments.
To capacitate the learners to seek possible employment and officials in the community.



**SPORT 4
DEVELOPMENT**

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South African Schools Netball

SASN believes that young people have a role in improving their schools and assisting those driving transformation in the school on the premise that leaders are made not born.

Therefore young people can learn and develop leadership skills by building the capacity of the learners who are members of SASN's development project. The key areas that the training will capacitate on are netball skills, social action skills, responsible decision making, emotional intelligence, problem solving and conflict resolution skills.

